

Spring 2024 Workshops

Student Success Center & Academic Advising Center

| Workshop Title | Presenter | Date | Location |
|---|-----------------------------------|--|----------|
| Starting the Semester Strong | Nadine Shardlow | Wednesday, January 31 st 5:00pm | SDC 109 |
| Tackling Assignments | Diedra Cardamone | Thursday, February 8 th 5:00pm | SDC 109 |
| Understanding Time Management in College | Shelby Aquilina | Wednesday, February 21 st 5:00pm | SDC 109 |
| Small Changes with Big Results | Amy Babcock & Diedra Cardamone | Thursday, February 29 th 5:00pm | SDC 109 |
| Registration Readiness (New & First-Year Students) | Academic Advising Center | Tuesday, March 19 th 5:00pm | EJB 109 |
| Registration Readiness (Continuing/All Students) | Academic Advising Center | Wednesday, March 20 th 5:00pm | EJB 109 |
| Midterm Recovery | Amy Babcock | Thursday, March 21 st 5:00pm | SDC 109 |
| Effort is Everything | Casey Cowburn | Wednesday, March 27 th 5:00pm | SDC 109 |
| How to Overcome a Bad Day | Casey Cowburn | Wednesday, April 10 th 5:00pm | SDC 109 |
| Dealing with Stress | Derek LaBarron | Wednesday, April 17 th 5:00pm | SDC 109 |
| Start Finals Prep Now | Joseph Martin | Wednesday, April 24 th 5:00pm | SDC 109 |

Student Success Center
studentsuccess@alfredstate.edu
 (607) 587-4122
 SDC 205



Academic Advising Center
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 SDC 203